Welcome!

The Avon Recreation and Parks Department welcomes campers to our new Adventure Camp; our 6 week day camp for Avon Residents entering 5th- 9th grades in the fall of 2019. This camp is run in partnership with Canton Parks and Recreation. We will have 5 different trips each week, and campers are sure to have a different adventure each day! Parents and participants of this program should understand that there are commitments and daily requirements that must be met. Many of the venues that we are going to, have very strict requirements and procedures for waivers, attire, and behavior. It is the responsibility of the parents to complete all requirements for each trip. In doing your part, the camp staff will be able to focus on their responsibilities.

The purpose of this handbook is to make sure that you are well informed and prepared to send your child to camp everyday with everything she/he needs. If you have any further questions after reading this handbook please feel free to contact us.

ADMINISTRATIVE STAFF

Director of Recreation & Parks

Ruth Checko <u>rchecko@avonct.gov</u>

Administrative Coordinator

Sharon Henry <u>shenry@avonct.gov</u>

Administrative Secretary

Usha Srivel usrivel@avonct.gov

Special Needs Coordinator

Bonnie Daly <u>recdaly@comcast.net</u>

Head Leader

Amber Murray

IMPORTANT SUMMER PHONE NUMBERS

Recreation and Parks Department 860 409-4332 Cancellation Line 860 409-4365

Head Leader cell

Avon Recreation and Parks Department Mission Statement

The Avon Recreation and Parks Department is committed to providing opportunities to participate in recreational programs and have access to parks so that people of all ages and abilities can stay active and enjoy the benefits of a healthier life.



REGISTRATION INFORMATION

Registration is available on line at www.avonrec.com beginning on April 15. Registration for this camp closes on Wednesday at 4:00pm for the following session. Registrations will not be accepted after the deadline. Parents are encouraged to place children on wait lists if a session is full. Campers placed on wait lists will be contacted by Thursday, if space becomes available.

ADVENTURE CAMP PROGRAM

Adventure Camp will begin and end at Sycamore Hills Recreation Area. Camp runs from 8:45am-4:00pm Monday-Friday. There is no extended care options. The cost is \$299. There is a maximum of 20 Avon participants and 20 Canton participants. The ratio of staff to camp is 2:10.

Every Friday, parents will receive a Letter, and an Itinerary and Packing List for the next session. There are links to each waiver that must be completed. All of the waivers for the week, must be completed and turned in on Monday mornings. Campers will board the bus upon arriving (promptly at 8:35am) and leave by 8:45am. The bus will pick up Canton participants or vice versa,

then head to their destination for the day. Please notify camp staff in advance if possible, if your child will not be attending.

Adventure Camp offers a bonus; each camper that enrolls for 3 sessions of Adventure Camp at once, will receive a FREE SEASON PASS TO SIX FLAGS!!! The pass will allow him/her unlimited visits to the park for all of 2019 and access to all the rides, shows and attractions including admission to Fright Fest and Holiday in the Park. Upon enrolling for 3 sessions, passes will be available for pick up in the Recreation and Parks office approximately 15 days after purchase. We urge you to sign up early so that you can enjoy the benefits of the season pass for the entire season. It is the camper's responsibility to have the pass with them on the days that camp is going to Six Flags. If a camper forgets the pass, they will be invoiced for the full day rate. Cancellations of individual sessions will result in refunds minus the season pass fee.

Campers are expected to be signed in and signed out by their parent or guardian daily. Parents who pick up their child late will be charged \$15 for any part of every 15 minutes they are late. However, if parents wish to have their child sign in and sign themselves out, please notify camp staff and complete an authorization form.

ADVENTURE CAMP SESSIONS

Session and Dates	Join us for: (Not in Order, subject to change)
Session 1. July 8-12	CT Science Center (lunch), Farmington Mini Golf (lunch), Hammonasset Beach (ice cream), Adventure Park at Storrs, and Six Flags
Session 2. July 15-19	Quassy (lunch), Bike Tour on Lake Waramaug, Sports Center of New England, Apple Cinemas (lunch), and Six Flags
Session 3. July 22-26	Brownstone Exploration & Discovery Park, Nomads Adventure Quest, Blue Fox Bowling (lunch), Chatfield Hollow State Park (lunch), and Six Flags
Session 4. July 29-August 2	Lake Compounce (lunch), Apple Cinemas (lunch), Collinsville Canoe & Kayak (lunch), Six Flags, and Gillette Castle/River Quest Boat Trip
Session 5. August 5-9	R&B Sports World, Lake Compounce (lunch), Powder Ridge, Six Flags, and Spare Time Bowling (lunch)
Session 6. August 12-16	Club Get Away (lunch), Collinsville Canoe & Kayak (lunch), Matterhorn Mini Golf (lunch), Six Flags, and Sky Zone Trampoline Park

Please know that field trips could be changed due to weather conditions or unforeseen circumstances.

BEHAVIOR EXPECTATIONS AND POLICY

Because Adventure Camp is a very unique program, our expectations are that each camper to should be able to understand and follow our rules and requirements. The Head Leader, and Camp Counselors will foster these expectation with positive reinforcement and other appropriate behavior modification techniques. Our staff will use positive guidance, set clear limits, and supervised corrective discipline. If a counselor is experiencing behavioral problems with a child, parents will be called. Depending on the severity and frequency of the behavior, the Recreation Department reserves the right to dismiss the child from the program.* A camper demonstrating serious behaviors without improvement will have to be picked up at the venue within 1 hour of being notified by the staff. *We expect campers to:*

- Understand and abide by camp and off site rules and follow directions
- Participate safely and effectively in a variety of activities
- Pay attention without being disruptive and understanding consequences of inappropriate behavior
- Interact with peer groups in a civil manner
- Follow counselors' instructions and be respectful of staff and peers
- Use electronic device in emergency situation, only to call Head Leader.
 If parents wish, campers can share their location via smartphone with the Head Leader explicitly during camp hours. You will need to complete an authorization form.
- Operate independently in handling money, keeping track of their belongings, working with a buddy system.



* We reserve the right to dismiss any child from the program who is found with e-cigarettes (juuls) or using their phones inappropriately.

MEDICAL INFORMATION AND AUTHORIZATIONS

Camp staff is trained in American Red Cross First Aid, CPR/AED, and Epi-Pen Administration. Select Camp Staff have received basic training that enables them to provide all care for campers with diabetes, and Medicine Administration Training. For the Aquatics staff, all Lifeguards are American Red Cross Certified with CPR for the Professional Rescuer/AED.

Policy on Diabetes Management and Authorization Forms:

https://avonct.myrec.com/forms/5856 policy on diabetes.pdf

Administration of Sunscreen Authorization by Parent/Guardian Form:

https://avonct.myrec.com/forms/5864 sunscreen authorization.pdf

Participant/Camper Medication Authorization Form:

https://avonct.myrec.com/forms/5865 camper medication authorization revised 2018 updated.pdf

There will be other forms available at the camp for different situations, i.e. pickup authorization forms

SPEICAL NEEDS ACCOMDATIONS



The Avon Recreation and Parks Department welcomes persons with medical conditions and/or disabilities in all programs and services. If you or your child require reasonable accommodations to a recreation program in order to participate, please indicate this on your registration form or when you register online under the "medical conditions" section of your account and call the Recreation and Parks Department at least 3 weeks prior to the start of the program at 860-409-4332. For additional information go to: https://www.avonct.gov/recreation-and-parks-department/pages/special-accommodations-policy. Please be aware that if you fail to or choose not to notify us of any issues that require accommodations, it may delay or inhibit you or your child from participating in the program.

PARTICIPANTS NEED TO BRING

In addition to this Parent's Handbook, an electronic Newsletter will be emailed to parents on Friday containing information needed about next session. Please be sure to review this newsletter to be sure your child has everything they need for each field trip.

- Please label all of your child's belongings. Parents are responsible to contact venues for lost items.
- A back pack.
- Campers must have proper footwear. Bare feet are not allowed. Sneakers or sturdy sandals, (not flip flops), must be worn
 or an extra pair to change, brought to camp. CERTAIN FIELD TRIPS HAVE SPECIFIC, STRICT REQUIREMENTS. IF YOUR CHILD
 DOES NOT COME WITH THE REQUIRED GEAR, I.E. SOX, THEY WILL NOT BE ALLOWED TO PARTICIPATE.
- A change of clothes, just in case.
- A swim suit and towel every day.
- Sunscreen;
- A healthy lunch, when needed, snacks
- A filled unbreakable water bottle.
- You're welcome to send your camper with money and their cell phone if you wish. They will be responsible for both.

PARENTS CONTRIBUTIONS TO A SUCCESSFUL CAMP EXPERIENCE

The more prepared parents and their children are for camp, the smoother each day will be for staff and campers. Please make every effort to ensure your contact information, with emergency contacts, in your family account, is up to date in www.avonrec.com. The email and phone numbers you provide are how we will communicate with you. Because we are at a different venue each day, we want to be prepared to be able to reach you in the event of an emergency.

Here a few simple things that you can be sure to do as well.

- Be on time, we will not hold a bus for anyone who is not there on time.
- Text the Head Leader if your child is not attending by 8:40am, or give advanced notice when possible.
- Read our communications; emails, weekly letter with itinerary and packing list, and signs; there will be detailed information in them.
- Be sure to have field trip authorization waiver forms filled out and handed into staff on Monday; some are paper, some are electronic and go straight to the place we are visiting. Anyone who does not have proper waiver forms cannot board the bus.
- Communicate with staff; they benefit from hearing what your child likes about camp in addition to concerns.
- Send your child prepared for the day, with everything listed above or detailed in newsletters and other correspondence.
- Sign your child in every morning and sign them out every afternoon or give consent to the Head Leader to have your child sign themselves in/out.
- If someone else is going to be picking your child up, you'll need to complete the Pickup Authorization form. The person you are authorizing must be prepared to show a valid ID.