

**Department of Recreation and Parks**

**Town of Avon, CT**

**2021 – 2022**

**Recreation Basketball: Grades 5 & 6**

- General Rules for Grades 5 & 6
  - Boys in Grades 5 & 6 and Girls in Grades 5 & 6 play with an Intermediate Sized (28.5") Basketball.
  - NFHS basketball rules shall apply unless otherwise noted, with exception to the following.
    - Full-Court-Press will only be permitted by one player during the last two minutes of each half. Teams shall not press if up by more than 10 points.
    - Three-Second-Rule: Verbal warnings shall be given for the first offense. Upon a second offense stoppage of play will occur, which will result in a turnover.
  
- One hour practices are held once/twice per week and are determined by our volunteer coaches and based on the space that we have available to us. Specific requests for practices dates and times will not be accepted.
  
- Games (4, 10-minute quarters) are played on Saturdays at random times between 8:00 a.m. and 5:00 p.m. Specific schedules will be available 1 - 2 weeks prior to the first game.
  - Please note that some teams may play away games versus towns such as Burlington, Canton or Farmington.
  
- Players will be drafted by volunteer coaches at the Coaches Meeting and Draft based on a number of factors including but not limited to the player ratings, practice night availability, height and the number of registrations received. Specific requests for team placement will not be accepted.