



SUMMER 2021

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OFFICE

60 West Main Street
Avon, CT 06001

Phone: (860) 409-4332

Fax: (860) 409-4334

Cancellation Line: (860) 409-4365

Web Address: <https://www.avonct.gov/recreation-and-parks-department>

Email: avonrec@avonct.gov

Facebook Page:

<https://www.facebook.com/Avon-Recreation-and-Parks-Department-340561826133921>

OFFICE HOURS:

Monday – Friday: 8:30 a.m. – 4:30 p.m.

SUMMER OFFICE HOURS: (6/21/21 – 8/27/21):

Monday – Thursday: 8:00 a.m. – 4:45 p.m.;

Friday: 8:00 a.m. – 12:30 p.m.

Director

Ruth Checko - rchecko@avonct.gov

Program Specialist

Sara Roccapiore - sroccapiore@avonct.gov

Administrative Coordinator

Sharon Henry - shenry@avonct.gov

Administrative Secretary:

Usha Srivel - usrivel@avonct.gov

Special Needs Consultant:

Bonnie Daly - recdaly@comcast.net

AVON SENIOR CENTER/ COMMUNITY ROOM

635 West Avon Road, Avon, CT 06001

Phone: (860) 675-4355

Facebook Page:

<https://www.facebook.com/Avon-Senior-Center-214325558664784>

Avon Senior Center Office Hours:

Monday – Friday: 9:00 a.m. – 4:00 p.m.

Senior Center Coordinator

Jennifer Bennett - jbennett@avonct.gov

Senior Center Administrative Secretary:

Elizabeth Shaffer - eshaffer@avonct.gov

Brochure Design by:

Cheryl Gioielli - www.Gioielli-Design.com

Our MISSION

The Avon Recreation and Parks Department is committed to providing opportunities to participate in recreational programs and have access to parks so that people of all ages and abilities can stay active and enjoy the benefits of a healthier life.



DEPARTMENT POLICIES

General Registration Information:

- ✿ The grade listed for programs indicates the grade your child will be in (2021/2022 school year).
- ✿ Our program registrations close **one week** before the start of a program unless otherwise noted. If the registration deadline has passed for a program and there is still availability to participate, you will be assessed a **\$25.00** administrative fee on top of the program fee.
- ✿ Please sign up early to avoid classes being cancelled due to low enrollment or filled prior to the registration end date. **All programs, classes, leagues etc. are filled on a first-come, first-served basis.**
- ✿ Waitlisted participants will **ONLY** be notified if there is an opening in the program.
- ✿ Your receipt is your proof of program registration. For households with valid email addresses, receipts will be sent from Avon Recreation to the billing email address listed on the account. Please refer back to your receipt for program dates, times and location information. You may also obtain this information and a copy of your receipt via the online registration system (www.avonrec.com).
- ✿ No unregistered person may attend classes/programs at any time.
- ✿ In the event we cancel a program, you will receive a full refund.
- ✿ Program fees will not be pro-rated for any reason!

FINANCIAL ASSISTANCE:

Confidential program subsidy **may be** available for those Avon residents with financial needs through the Social Services Department by calling 860-409-4358.

DISCOUNTS:

Certain programs will offer a discount for the 3rd and 4th child, enrolled in the same program.

Avon Senior Citizens (age 60 & up) will receive a discounted fee for programs offered for Adults (unless otherwise noted).

REFUNDS:

- ✿ Refunds of 100% can be requested up to one business day after the first class (except for those classes that state a specific cancellation date). After that time, no refunds will be issued.
- ✿ Refunds due to a medical condition require a doctor's note.

CANCELLATIONS:

- ✿ In case of inclement weather or other circumstances beyond our control, we will make every effort to reschedule the activity.
- ✿ Cancellation information can be obtained by the following methods:
 - 📞 Recreation Cancellation Line after 8:30 a.m. (860) 409-4365
 - 📞 WFSB Early Warning Network
 - 📞 Email blasts to myrec.com account holders

Online Registrations:

- 1) Go to www.avonrec.com and click the link to create an account.
- 2) Create an account along with a user name and password for one adult family member. Then add all other members of your family who reside in your household. **If you receive a message that your email or phone number is already in use, please do not set up a new account. Contact our office to reset your password or request a password reset online.**
- 3) Once your account is set up, you will be able to access your account 24/7, view program information, register for programs, view account history, and receive email blasts on programs.

Please verify and update any information for all household members, including home address, email addresses (for all adults), home phones, cell phones, medical information, primary parent, emergency contact and grades (for all children).

Emails regarding program cancellations or changes will **ONLY** be sent to adults who have "opted in" to receive our "cancellation" emails. Likewise, emails regarding program registration announcements or other recreation news will **ONLY** be sent to adults who have "opted in" to receive our "general announcement" emails.

In addition, the primary parent listed for all children must have a valid email address "opting in" for the above, or you will not receive any email communications from our office regarding program specific updates, changes or cancellations.

ARRIVAL & PICK-UP TIMES:

Participants should not arrive earlier than 5 minutes prior to the scheduled start of class and should depart promptly at the scheduled conclusion of the class. Do not leave a child unless the instructor/coach is present.

WAIVER OF PARTICIPATION BY PARENT OR SELF:

When registering for a program, you hereby agree to release, discharge and hold harmless the Town of Avon, its directors, officers, employees, agents, contractors, and/or volunteers from any and all liability or damage that may occur during either your participation or the participation of your minor child in the recreational activities. You understand that participation in any recreational or sport activity involves risk, and you grant permission to the Town of Avon to utilize any medical emergency services it deems necessary to treat any injuries that you or your minor child may incur. You further understand that the Town of Avon does not provide insurance for recreational program participants.

PHOTO RELEASE:

You understand that for promotional purposes the Town may video and/or take photographs of participants enrolled in recreation activities, classes or programs. Upon registering, you hereby release and permit the Town of Avon to utilize for said promotional purposes any photographs and/or videos of you or your minor child engaged in the recreational activities.

SPECIAL ACCOMMODATIONS:

The Avon Recreation and Parks Department welcomes persons with medical conditions and/or disabilities in all programs and services. If you or your child require reasonable accommodations to a recreation program to participate, please indicate this when you register online under the "Medical Information" section of your account and call the Recreation and Parks Department at least 3 weeks prior to the start of the program at 860-409-4332. We will do our best to accommodate your needs. If you need to complete a Medical Plan, the form will be available on www.avonrec.com under General Info → Department Info → Forms → Medication Authorization. Please be aware that if you fail to or choose not to notify us of any issues that require accommodations, it may delay or inhibit you or your child from participating in the program.

DROP BOX:

For your convenience, the Recreation and Parks Department has a locked drop box that is located just outside the entrance to Building 6. Please feel free to utilize the box during non-business hours.

general information

Parks/ Dumpsters:

All Parks in Avon are **TRASH-FREE PARKS**. Trash cans are not provided. *Please carry out what you carry in.*



If you are bringing your pet with you to enjoy the parks, please remember that all dogs must be on leash. All pet waste must be picked up and pet waste bags must be taken with you when you leave the park.

LIGHTS AT AMS TENNIS COURTS:

Players can turn on lights at the court in 1-hour intervals up to 10:00 p.m., March through November. Courts are not available while school is in session during the day.

WI-FI AT SYCAMORE HILLS POOL:

Free Wi-Fi is available at the Pool.
The Wi-Fi policy is posted at the pool.



Thank You!



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*The Avon Recreation and Parks
Department would like to thank:*

ORAFOL AMERICAS INC.
for donating reflective Halloween stickers
and bags for our Halloween Party program.
We truly appreciate your generosity.

THE PICKIN' PATCH
for donating pumpkins and cornstalks
for our Halloween Party program.
We truly appreciate your generosity.

Summer 2021



REQUEST FOR FALL PROPOSALS

The Town of Avon is seeking written responses to a Request for Proposal (RFP) to purchase services necessary to offer a variety of fall recreational programs.

Instructors interested in running programs must submit proposals to the Avon Recreation and Parks Department by **4:30 p.m. on Thursday, July 1, 2021**. Proposal forms are available at the Avon Recreation and Parks Office or by visiting www.avonrec.com. Scroll down until you see *Request for Proposals*. Click on the writing below the picture and all of the details and forms can be found there. Proposals can be emailed to avonrec@avonct.gov, mailed or dropped off to the Avon Recreation and Parks Department, 60 West Main Street, Avon, CT 06001.

SYCAMORE HILLS POOL OPENS

Saturday, June 12, 2021

The pool will operate with a regular schedule.



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Sycamore Hills Recreation Area

635 West Avon Rd., Avon, CT 06001

Pool Phone: (860) 673-5696

SWIM MEMBERSHIPS

Household Fee:	\$165.00
Individual Fee:	\$ 85.00
Avon Resident Senior Fee (60+):	\$ 28.00

DAILY FEES FOR NON-MEMBERS (all ages)*

Residents:	\$7.00/person
Non-residents:	\$10.00/person

*Daily Fees are payable by cash or check only. No credit cards.

Please pick up your pool badges at the Pool Office starting June 12th, at noon when the pool opens.

Visit www.avonct.gov/recreation-and-parks-department.

www.AvonRec.com (860) 409-4332

special interest

WESTWOODS GOLF COURSE

SEASON GOLF PASS

The Town of Farmington will be offering Avon Residents a limited number of season passes to the Westwoods Golf Course. The passes will be offered at the Farmington resident rates. **Enrollment is at the Westwoods Golf Course in the club house, 14 Westwoods Drive, Farmington.** For more information please call 860-675-2548.

SIMSBURY FARMS GOLF COURSE

SEASON GOLF PASS

Through this promotion with the Town of Simsbury, Avon residents are able to purchase season passes to the Simsbury Farms Golf Course at the Simsbury resident rates. **Enrollment is online at www.avonrec.com.** Customers will need to bring a printed copy of their receipt to the Simsbury Farms Pro Shop on their first 2021 visit to Simsbury Farms.



Digital Codes instead of physical tickets



DISCOUNTED TICKETS

Discounted Adventure Park at Storrs, Six Flags, Lake Compounce and CT Science Center tickets will be available for purchase from the Avon Recreation and Parks Department **beginning on June 1, 2021 until August 28, 2021** (CT Science Center Tickets are available year-round). Instead of physical tickets, you will receive digital codes which you will use to schedule your visit on the individual park's website. The codes will be emailed to you during our office's regular business hours (i.e., codes for purchases made outside of our normal business hours will not be available until our office is open). Buy your tickets from us at a discounted rate and schedule your visit! Tickets are valid any day during the 2021 season.

Fee: One time enrollment fee of \$5 per family/group per season

The Adventure Park at Storrs:

\$32.00 (Gate Price: Juniors: \$38.00; Ages 14+: \$46.00)

CT Science Center: \$15.50 (Gate Price: Adults \$24.95, Children \$16.95, 2 & under free)

Lake Compounce: \$29.50 (Gate Price: \$51.99; under 52": \$41.99)

Six Flags: \$TBD (Gate Price: \$TBD; under 54": \$TBD)

COUNSELOR IN TRAINING (C.I.T.) PROGRAM

Teens Entering Grades 9 & 10

The Counselor in Training (C.I.T.) Program is a unique experience for teens entering Grades 9 & 10 who possess a genuine interest in working with campers, and are willing to commit the required energy and enthusiasm in all portions of the program. Participants will develop leadership skills as they work with children, alongside the camp staff. Those interested in the program must complete an application which can be found online at www.avonrec.com. Applicants will be interviewed the same as seasonal employees and their participation will be based upon the interview outcome and spaces available. **Max: 12**

Application deadline for the C.I.T. Program is Friday, May 21, 2021. Interviews will be held on Wednesday, June 2nd (3:00 p.m. - 8:00 p.m.). C.I.T. applicants will be notified by June 11th if they are accepted.

Please note that there is a MANDATORY training date for this program:

Date: June 18, 2021
Time: 9:00 a.m. - 12:00 p.m.
Day: Friday
Location: Pine Grove School
Instructor: Recreation Staff
Fee: \$100.00

The C.I.T. program will consist of four (4) 2-week sessions to choose from and we will try to give everyone their first or second choice. Program dates are 6/21/21 - 7/2/21, 7/6/21 - 7/16/21, 7/19/21 - 7/30/21 and 8/2/21 - 8/13/21.

special interest

Community Garden PLOTS

Available by emailing the office at avonrec@avonct.gov. Plots are 35' x 35' and are located at Alsop Meadows.

FEE: \$40/plot, plus a \$25/deposit which is returnable at the end of the season.



Thank You!

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af FARMERS
pl MARKET
grown by farmers. run by librarians.
www.avonctlibrary.info

**THE AVON LIBRARY'S
FARMERS MARKET**

The Covid-19 pandemic has prompted the Avon Library to change how it delivers service over the past year; we have adapted programs and services, pivoting as needed so that everything is delivered in a safe manner. Unfortunately, this has led to the difficult decision to retire the current farmers market at the Avon Library.

Thank you for being part of multiple summers at our market! We want to thank all of the farmers and vendors who participated in the market, as well as our other community partners: Avon Volunteer Fire Department, Farmington Valley Health District, AHS Drama Club, and the Town of Avon.

aquatics

Swim Lessons

All swim lessons are taught at Sycamore Hills Pool by American Red Cross certified Water Safety Instructors. Levels and ages are approximate and there to guide you in determining the appropriate level for your child. You can view your child's past swim lesson levels by logging into your online account and going to the link "2020 Swim Lesson Pass/Fail List".

Lessons are canceled for heavy rain, lightning or thunder. If the weather is not suitable for lessons to take place in the water, the class will meet for a safety day on land.

In order to get the member discount for swim lessons, you must register for your 2021 swim memberships **first** so your swim lesson registration can recognize that you have a swim membership for your child. The discount will be shown on the payment screen when you checkout.

YOU MAY ONLY REGISTER FOR ONE SESSION OF SWIM LESSONS AT A TIME!

SESSION 1

Monday, June 28 – Friday, July 9 {No July 5}

9:30 a.m. – 10:00 a.m.

Level 1, 3, 5/6

10:05 a.m. – 10:35 a.m.

Level 1, 2, 4

10:40 a.m. – 11:10 a.m.

Level 2, 3, Parent/Child

SESSION 2

Monday, July 12 – Friday, July 23

9:30 a.m. –
10:00 a.m.

Level 1, 3, 5/6

10:05 a.m. –
10:35 a.m.

Level 1, 2, 4

10:40 a.m. –
11:10 a.m.

Level 1, 3, 4
Parent/Child

3:30 p.m. –
4:00 p.m.

Diving 101*

6:30 p.m. –
7:00 p.m.

Adult Level 1

SESSION 3

Monday, July 26 – Friday, August 6

9:30 a.m. –
10:00 a.m.

Level 2, 3, 5/6

10:05 a.m. –
10:35 a.m.

Level 1, 2, 4

10:40 a.m. –
11:10 a.m.

Level 2, 4, Parent/Child
Personal Water Safety

6:30 p.m. –
7:00 p.m.

Adult Level 2

Fees: *(Deadline to register for swim lessons is the Thursday prior to the start of the session)*

Monday – Friday Lessons: \$42 Members; \$56 Non-members

Diving 101 Lessons: \$25 Members; \$32 Non-members

(*5 lessons Monday, July 12 – Friday, July 16)



Swimming Lessons Quiz

Parent/Child: Can your child maintain an upright position in the water with minimal effort?

Yes (continue)

No – Stay in Parent/Child

Level 1: Can your child swim at least ten feet in the water with any assistance?

Yes (continue)

No – Stay in Level 1

Level 2: Can your child swim 15 feet in the water, perform a front or back float for at least 15 seconds and swim basic freestyle with a flutter kick?

Yes (continue)

No – Stay in Level 2

Level 3: Can your child perform a kneeling dive, swim a proficient freestyle stroke as well as swim both elementary and regular backstroke?

Yes (continue)

No – Stay in Level 3

Level 4: Has your child mastered freestyle and backstroke as well as being able to perform basic breaststroke and dolphin kick: Can they tread water for at least 1 minute?

Yes (continue)

No – Stay in Level 4

Level 5/6: Has your child mastered freestyle, backstroke, and breaststroke and is able to perform them for more than 25 feet? Can they tread water for three minutes and perform a standing dive?

Yes (continue)

No – Stay in Level 5/6

Parents are only allowed on the pool deck during the last day of the session. (Policies available at registration).

Swim diapers are available for purchase at Sycamore Hills Pool.

Swim Team Ages 7-18

This program is a great introduction to competitive swimming. Swimmers must be able to swim a minimum of four lengths of the pool (100 yards). Swim team will improve both conditioning and form.

Once again this season will be an in-house swim team. Swim team has 6 practice options each week (See below). Coaches recommend swimmers try to attend at least three practices a week. One to two in-house swim meets will be scheduled at Sycamore Hills Pool. The swim meet schedule will be announced at a later date.

Participants must purchase their own swim suits and caps. Trophies and ribbons will be provided. Due to social distancing requirements, there will not be a banquet this season. **Min: 50/Max: 125**

PRACTICE SCHEDULE–SYCAMORE HILLS POOL

June 28 – July 22 8:30 a.m. – 9:30 a.m.
(Monday, Wednesday, Thursday)
or
7:30 p.m. – 8:30 p.m.
(Monday, Tuesday, Thursday)

Fee: \$135.00*

*There is a \$15 discount off of the 3rd and 4th child registered in the same family.



Adult Swim Lessons

Developed for older teens and adults, our program gives adult swimmers at every level the opportunity to improve their skills in a safe environment – and under the guidance of a trained instructor. The Learn-To-Swim program allows swimmers to progress at their own pace, mastering one set of skills before moving on to the next. Swim lessons for adults are available in two levels, developed to meet the needs of adult learners.

ADULT LEVEL 1 – Learning the Basics: Learn the basic swimming strokes and skills needed to stay safe, and help keep others safe in and around the water. **Min: 5/Max: 8**

Dates: 7/12/21 – 7/23/21 (10 classes)

Time: 6:30 p.m. – 7:00 p.m.

Days: Monday – Friday

Location: Sycamore Hills Pool

Instructor: Sycamore Hills Pool Staff

Fee: \$42.00 **Members;** \$56.00 **Non-members**

ADULT LEVEL 2 – Improving Skills and Swimming Strokes: Participants will gain proficiency in basic aquatic skills and the six basic swimming strokes. **Min: 5/Max: 8**

Dates: 7/26/21 – 8/6/21 (10 classes)

Time: 6:30 p.m. – 7:00 p.m.

Days: Monday – Friday

Location: Sycamore Hills Pool

Instructor: Sycamore Hills Pool Staff

Fee: \$42.00 **Members;** \$56.00 **Non-members**

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DIVING 101 LESSONS

This is a 1 week course offered to students who have at least taken Level 3 and need to improve their diving skills. It's also a great refresher course for those students going into Levels 4, 5 and 6. This class teaches components of basic diving – stationary starting position, take off, flight, entry and how to maintain concentration and focus for safe diving techniques. The focus of the course will be on body positioning and form, minimizing splash, as well as getting students comfortable with diving off the springboard. **Min: 7/Max: 10**

Prerequisite: Passage of Level 3 Swim Lesson.

Dates: 7/12/21 – 7/16/21 (5 classes)

Time: 3:30 p.m. – 4:00 p.m.

Days: Monday – Friday

Location: Sycamore Hills Pool

Instructor: Sycamore Hills Pool Staff

Fee: \$25.00 **Members;** \$32.00 **Non-members**

free friday FAMILY MOVIE NIGHTS

at Sycamore Hills Pool

Free outdoor movies this summer.
See back cover for movies and schedule!



AQUA AEROBICS

Workout in the pool using the water as resistance. Use all your major muscles to fun upbeat music! Greater mobility, increased muscle strength and enhanced sleep quality, along with fun! Noodles are provided for the class. Wear a swim suit and water shoes or old sneakers and bring a water bottle. **Min: 10/Max: 20**

SESSION 1:

Dates: 6/19/21 – 7/17/21 (4 classes)
(No class on 7/3)
Time: 11:00 a.m. – 11:45 a.m.
Day: Saturday
Location: Sycamore Hills Pool
Instructor: Nancy Pandolfo
Fee: \$52.00 **Senior Fee:** \$46.80

SESSION 2:

Dates: 7/24/21 – 8/14/21 (4 classes)
Time: 11:00 a.m. – 11:45 a.m.
Day: Saturday
Location: Sycamore Hills Pool
Instructor: Nancy Pandolfo
Fee: \$52.00 **Senior Fee:** \$46.80

GOLF FOR BEGINNERS

Learn the basics of golf swing mechanics in this fast-paced class! Fundamentals of the full swing, putting and chipping are covered as well as basic etiquette and rules. All levels are welcome: beginners and those looking to brush up on skills. Golf clubs are recommended, but not required. **Min: 6/Max: 10**

Dates: 6/14/21 – 6/23/21 (4 classes)

Time: 6:00 p.m. – 7:00 p.m.
Days: Monday and Wednesday
Location: Simsbury Farms Golf Course
(100 Old Farms Road, Simsbury)

Instructor: Simsbury Farms Staff
Fee: \$125.00

Registration for Golf for Beginners will be done at:
<https://www.simsburyfarms.com/>



PICKLEBALL (Outdoors)

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, over a net. This game was invented in the mid-1960s as a children's backyard pastime but quickly became popular among adults as a fun game for players of all skill levels. **Min: 14/Max: 16**

Dates: 5/13/21 – 6/17/21 (6 classes)
Time: 6:00 p.m. – 8:00 p.m.
Day: Thursday
Location: Sycamore Hills Recreation Area – Tennis Courts
Supervisor: Paul Marioni
Fee: \$49.00 **Senior Fee:** \$44.10



PILATES

Come work your core along with stretching, toning, balance & flexibility. Pilates essential mat exercises are a safe and highly effective way to streamline your body without building bulk or stressing your joints. This class will leave you looking toned, feeling revitalized and moving with ease! Wear comfortable clothing and bring a yoga mat and water bottle. **Min: 8/Max: 15**

SESSION 1:

Dates: 7/1/21 – 7/22/21 (4 classes)
Time: 6:00 p.m. – 7:00 p.m.
Day: Thursday
Location: Community Room at Avon Senior Center
Instructor: Nancy Pandolfo
Fee: \$36.00 **Senior Fee:** \$32.40

SESSION 2:

Dates: 7/29/21 – 8/19/21 (4 classes)
Time: 6:00 p.m. – 7:00 p.m.
Day: Thursday
Location: Community Room at Avon Senior Center
Instructor: Nancy Pandolfo
Fee: \$36.00 **Senior Fee:** \$32.40



active adult classes *(For Men and Women Ages 18+)*

YOGA

This class is designed to increase flexibility and strength and reshape muscles and joints. Yoga improves posture, range of motion and balance. It relieves tension and stress and increases body awareness. It improves your overall health and mental well-being. You will feel energized and more alert. Yoga also works all of your internal organs and helps prevent injury, as well as aiding in any type of healing process. Please wear comfortable clothes and bring a yoga mat and water bottle.

Min: 10/**Max:** 15

Dates: 6/29/21 – 8/17/21 (8 classes)

Time: 6:00 p.m. – 7:00 p.m.

Day: Tuesday

Location: Community Room at Avon Senior Center

Instructor: Nancy Brooks

Fee: \$66.00 **Senior Fee:** \$59.40



activities sponsored by the avon senior center

VIRTUAL CHAIR YOGA *(through Zoom)*

Chair yoga is a unique form of exercise for people who cannot get down to the floor due to age or inflexibility. This program will help you improve muscle tone, increase strength and flexibility, and improve balance. You will learn breathing and relaxation techniques along with yoga asanas (postures) and yoga flows on and off the chair. Please wear comfortable clothing. This is a virtual program. Participants will receive a Zoom link by email before the start of class.

Min: 6/**Max:** 15

SESSION 1:

Dates: 5/21/21 – 7/9/21 (8 classes)

Time: 1:30 p.m. – 2:30 p.m.

Day: Friday

Location: Zoom

Instructor: Diane Rho-Caputo

Fee: \$77.00 **Senior Fee:** \$69.30

SESSION 2:

Dates: 7/23/21 – 9/10/21 (8 classes)

Time: 1:30 p.m. – 2:30 p.m.

Day: Friday

Location: Virtual/Zoom

Instructor: Diane Rho-Caputo

Fee: \$77.00 **Senior Fee:** \$69.30

VIRTUAL INTRODUCTION TO MEDITATION *(through Zoom)*

Learn the fundamentals of meditation and the different types of meditation practices. Learn how to improve breathing techniques to relax the mind and body. This free 12-week class is led by Diane Rho-Caputo. This is a virtual program. Participants will receive a Zoom link by email before the start of class.

Min: 6/**Max:** 15

Dates: 6/15/21 – 8/31/21 (12 classes)

Time: 2:00 p.m. – 3:00 p.m.

Day: Tuesday

Location: Virtual/Zoom

Instructor: Diane Rho-Caputo

Fee: None





VIRTUAL TAI CHI FOR SENIORS *(through Zoom)*

Tai Chi has been proven through scientific study to improve joint health, strengthen muscle, increase flexibility and reduce stress-based illnesses. Australia's Doctor Paul Lam, a practicing M.D. and Tai Chi expert himself, and a team of Tai Chi and medical experts have created a simple, safe and effective program to prevent bone loss and improve balance. Many people have enjoyed learning the program and have gained significant health benefits from a program that is especially suited to seniors and people suffering from arthritis and osteoporosis. Come see what Tai Chi can do for you! Please wear comfortable clothes and footwear. This is a virtual program. Participants will receive a Zoom link by email before the start of class. **Min: 10/Max: 20**

Dates: 7/14/21 – 9/22/21 (11 classes)

Time: 4:00 p.m. – 5:00 p.m.

Day: Wednesday

Location: Virtual/Zoom

Instructor: Ken Zaborowski

Fee: \$66.00 **Senior Fee:** \$59.40



VIRTUAL ZUMBA GOLD – LOW IMPACT *(through Zoom)*

Love to dance? Enjoy the health benefits of this energetic, feel good, low impact aerobic workout. This class is a total body workout set to Latin & International rhythms and is perfect for anyone looking for a low impact class that is more gentle on your knees. No experience necessary, just a willingness to have fun. If you love to dance, this class is for you. Wear smooth soled sneakers and comfortable clothing; have a water bottle and a towel. This is a virtual program. Participants will receive a Zoom link by email before the start of class. **Min: 10/Max: 15**

MONDAYS:

Dates: 7/5/21 – 9/20/21 (11 classes)
(No class on 9/6)

Time: 5:45 p.m. – 6:45 p.m.

Day: Monday

Location: Virtual/Zoom

Instructor: Denise Lipka

Fee: \$66.00 **Senior Fee:** \$59.40

WEDNESDAYS:

Dates: 7/7/21 – 9/15/21 (11 classes)

Time: 5:45 p.m. – 6:45 p.m.

Day: Wednesday

Location: Virtual/Zoom

Instructor: Denise Lipka

Fee: \$66.00 **Senior Fee:** \$59.40



youth classes & activities

NEW!!

ANIME CLASS FOR TEENS

Boys and girls currently enrolled in grades 8-12 – Join us for Anime in Avon! Come learn more about anime. These group classes offer techniques, tools, including manga and anime drawing, creating cute kawaii drawings, and illustrating characters, as well as details like faces, expressions and features. Whether you're a beginner learning how to draw anime comics for the first time or have dabbled in it before, we have something for everyone. Please bring a sketch pad and pencils. **Min: 6/Max: 15**

Dates: 5/1/21 – 6/5/21 (6 classes)
Time: 11:00 a.m. – 12:00 p.m.
Day: Saturday
Location: Countryside Park
Instructor: Arts in CT
Grades: 8 – 12
Fee: \$41.00



JUMPBUNCH "Big Jumpers"

Boys and girls ages 3-5 – JumpBunch classes are 45 minutes of structured fun. Each class includes warm-ups, floor exercises, the sport/activity of the week, stretching and then cool down. A different sport introduced EACH week. We strive to have little or no "sit and wait" time. Children will have the chance to touch and experience each sport with their own piece of equipment each class. Classes also include use of creatively scripted songs that include ribbon wands, rhythm sticks, maracas and scarves. Sports may include lacrosse, paddle sports, field hockey, t-ball, basketball, soccer, football, etc. Please wear athletic clothes, sneakers and a mask and bring a water bottle. **Min: 8/Max: 16**

Dates: 7/12/21 – 8/16/21 (6 classes)
Time: 11:15 a.m. – 12:00 p.m.
Day: Monday
Location: Community Room at Avon Senior Center
Instructor: JumpBunch Staff
Ages: 3 – 5 years
Fee: \$110.00



NEW!!

FASHION DESIGN CAMP

Boys and girls entering grades 5-10 – Learn how to choose materials, read and customize patterns, learn pinning, hand sewing, and embellishing, and finally show off their creations at a fun fashion show at the end of camp. All skill levels welcome. Please bring snacks, water bottle, and sewing machine (if you have one). The fashion show will take place on Friday night at 6:00 PM on August 13th in the Community Room at the Avon Senior Center. Parents are invited to attend. **Min: 8/Max: 22**

Dates: 8/9/21 – 8/13/21 (5 classes)
Time: 9:00 a.m. – 12:00 p.m.
Days: Monday – Friday
Location: Thompson Brook School
Instructor: Arts in CT
Grades: 5 – 10
Fee: \$251.00



CRAFT ADVENTURE CAMP

Boys and girls entering grades 1-3 and 4-7 – Camper crafts galore! Come have fun creating art with nature objects, clay, tie-dye art, puppets, and much more! This will be a super fun week with lots of amazing art projects to bring home. Please bring a snack, water bottle, and a smock or an old shirt to protect clothing. **Min: 6/Max: 12**

GRADES 1-3:

Dates: 8/16/21 – 8/20/21 (5 classes)
Time: 9:00 a.m. – 11:30 a.m.
Days: Monday – Friday
Location: Countryside Park
Instructor: Boni Rothmann
Grades: 1 – 3
Fee: \$125.00

GRADES 4-7:

Dates: 8/16/21 – 8/20/21 (5 classes)
Time: 12:30 p.m. – 4:00 p.m.
Days: Monday – Friday
Location: Countryside Park
Instructor: Boni Rothmann
Grades: 4 – 7
Fee: \$175.00



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FALL LEAGUES

REGISTRATIONS FOR THE FOLLOWING FALL LEAGUES BEGINS APRIL 23.

Please go to our website (www.avonrec.com) for detailed information and fees.



Farmington Valley FIELD HOCKEY LEAGUE for Grades 5-6 (Girls)

- ⦿ This is a recreation travel league, so there are no tryouts, cuts, etc. The goal is to get everyone involved.
- ⦿ Towns involved: Avon, Canton, Farmington, Granby, Harwinton, Simsbury, and Wethersfield.
- ⦿ Practices will be on Wednesdays from 5:15 p.m. – 6:30 p.m. beginning September 1.
- ⦿ Games are 8 v 8 (half field) and will be played on Sundays, September 12 – October 24 from 2:30 p.m. – 5:30 p.m. (No game: October 10; Rain Date if needed: October 31).
- ⦿ Each player must bring a field hockey stick, cleats, mouth guard, shin guards, proper eye protection, and a water bottle (plastic only). A reversible game jersey will be provided.
- ⦿ Ratings will be Wednesday, August 25, 2021 at 5:30 p.m. – Location TBD.
- ⦿ There will be a mandatory coaches meeting on Wednesday, September 8, 5:30 p.m. – 6:15 p.m. at Avon High School on the grass field hockey field.
- ⦿ Volunteer Head and Assistant Coaches are needed!!!

Registration ends on Wednesday, August 25, 2021.

Fee: \$100.00

Min: 12/Max: 36

Farmington Valley NFL FLAG FOOTBALL LEAGUE for Grades 1-12 (Co-ed)

- ⦿ This is a NON-CONTACT NFL Flag Football Program and backed by USA Football. This is a recreation league. Fundamental skills of football will be taught while incorporating values of teamwork, responsibility, and sportsmanship. Every participant will be given the chance to learn the fundamental skills of every position and be able to apply those skills in games.
- ⦿ Towns involved: Avon, Burlington, Canton, Farmington, Granby, Simsbury, and surrounding towns.
- ⦿ Divisions: Grades 1-2, Grades 3-4, Grades 5-6, Grades 7-8, and Grades 9-12.
- ⦿ **New** player ratings: Saturday, August 21 at Avon Middle School.
- ⦿ One weeknight practice per team per week will be held September 7 – November 5.
- ⦿ Games are 44-minute 5 v 5 and will be held on Sundays, September 12 – November 7 (regular game schedule).
- ⦿ Volunteer Coaches are needed!!!

Registration ends August 13, 2021 (FIRM – as jerseys and equipment need to be ordered in time for first game).

Fee: \$145.00



youth sports camps and clinics

YOUNG FOLKS SUMMER BASKETBALL CLINIC

Boys and girls entering grades K-3 – Young Folks Basketball Clinic will focus on learning basic skills, such as dribbling, passing, and shooting. Children will learn the game of basketball in a fun, non-competitive and safe learning environment. Each player will be given a basketball to keep! Please wear gym clothes and sneakers and bring a water bottle and a face covering. **Min: 12/Max: 18**

Dates: 6/16/21 – 6/18/21 (3 classes)
Time: 8:45 a.m. – 10:15 a.m. (Grades K-1);
 10:30 a.m. – 12:00 p.m. (Grades 2-3)
Days: Wednesday – Friday
Location: Roaring Brook School – Gym
Instructor: Paul Marioni
Grades: K – 3
Fee: \$49.00

AVON FALCONS BOYS BASKETBALL CAMP

Boys entering grades 4-9 – Our student athletes will enjoy a full week of individual skill building, proper shooting technique, exciting game play, guest speakers and game strategy. Awards, prizes and game t-shirts will be provided. Please wear basketball gear and sneakers and bring a water bottle and snack. Go Falcons! **Min: 30/Max: 60**

Dates: 7/12/21 – 7/16/21 (5 classes)
Time: 8:00 a.m. – 12:00 p.m.
Days: Monday – Friday
Location: Avon High School – Gyms
Instructors: Kris Pedra and Staff
Grades: 4 – 9
Fee: \$131.00



AVON FALCONS GIRLS BASKETBALL CAMP

Girls entering grades 4-9 – Come join Coach Faucher for a great week of basketball with both current and former AHS basketball players. Each day we will implement drills that will help you become a more confident player, with an emphasis on individual skill development as well as team offensive/defensive concepts. Players will also get to test their skills in competitive games and concepts. We look forward to working with you and teaching you how to play the Avon Falcon Way! Please wear athletic attire, basketball shoes and bring a water bottle and snack. **Min: 15/Max: 60**

Dates: 7/19/21 – 7/23/21 (5 classes)
Time: 8:00 a.m. – 12:00 p.m.
Days: Monday – Friday
Location: Avon High School – Gyms
Instructor: Drew Faucher and Staff
Grades: 4 – 9
Fee: \$131.00



CT SOCCER NETWORK SUMMER SOCCER CAMP

Boys and girls entering grades 1-3 and 4-8 – CT Soccer Network provides young players

of all abilities with the rare opportunity to receive high-level soccer coaching from a team of both local & international experts right in the heart of their own community. CT Soccer Network is synonymous with high quality soccer education and boasts one of the most highly qualified and experienced staff in the State of Connecticut. CT Soccer Network is unique from other organizations as we have National Championship winning staff, both as coaches and as players – bringing unique and passionate coaches to our programs. The CSN staff will teach each player to fulfill their true soccer potential in a fun filled environment. We will challenge the players on a variety of levels and expose them to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All campers should have shin guards, and athletics shoes or cleats.

Campers should also bring plenty of water and a snack each day, and a lunch if full day. We recommend that campers should arrive at camp with sunscreen already applied, as well as with additional sunscreen to apply as needed. **Min: 6/Max: 40**

OPTION 1 (HALF DAY for grades 1-3):

Dates: 6/21/21 – 6/25/21 (5 classes)
Time: 9:00 a.m. – 11:45 a.m.
Days: Monday – Friday
Location: Fisher Meadows Recreation Area – Field #5
Instructor: CT Soccer Network Staff
Grades: 1 – 3
Fee: \$175.00

OPTION 2 (FULL DAY for grades 4-8):

Dates: 6/21/21 – 6/25/21 (5 classes)
Time: 9:00 a.m. – 3:00 p.m.
Days: Monday – Friday
Location: Fisher Meadows Recreation Area – Field #6
Instructor: CT Soccer Network Staff
Grades: 4 – 8
Fee: \$285.00

JUNIOR GOLF CLINIC (Beginner)

Boys and girls ages 5-10 – Fun is the emphasis of this Introduction to Golf beginner golf clinic! Students will learn the basic golf fundamentals: Correct grip, posture, full swing, putting and chipping. Golf clubs are available. **Min: 6/Max: 10**

Dates: 8/3/21 – 8/5/21 (3 classes)

Time: 5:00 p.m. – 6:00 p.m.

Days: Tuesday – Thursday

Location: Simsbury Farms Golf Course
(100 Old Farms Road, Simsbury)

Instructor: Simsbury Farms Staff

Ages: 5 – 10

Fee: \$115.00

Registration for Junior Golf Clinic will be done at:

<https://www.simsburyfarms.com/>

JUNIOR GOLF MINI CAMP (Beginner/Intermediate)

Boys and girls ages 9-17 – This Golf Mini Camp focuses on golf basics and fundamentals. Golf rules, etiquette and detailed instructions are covered. Course play and instruction included. In addition to golf attire, students should bring water bottles and snacks for breaks. Golf clubs are recommended, but not required.

Dates: 7/5/21 – 7/7/21 (3 classes)

Time: 9:00 a.m. – 1:00 p.m.

Days: Monday – Wednesday

Location: Simsbury Farms Golf Course
(100 Old Farms Road, Simsbury)

Instructor: Simsbury Farms Staff

Ages: 9 – 17

Fee: \$240.00

Registration for Junior Golf Mini Camp will be done at:

<https://www.simsburyfarms.com/>

JUNIOR ADVANCED GOLF CAMP

Boys and girls ages 12-17 – This 4-day specialized golf camp is for the golfer looking to play competitive golf. Instruction will build on the golfer's prior knowledge of basic shot mechanics, golf course management, etiquette and procedures, and shot selection. Specialty shots will be covered. On course instruction included. The camp concludes with a 9 hole tournament and pizza party. Students should have prior on course experience and play. In addition to proper golf attire and equipment, students should bring water bottles, snacks and lunch. **Min: 6/Max: 15**

Dates: 8/9/21 – 8/12/21 (4 classes)

Time: 9:00 a.m. – 2:00 p.m.

Days: Monday – Thursday

Location: Simsbury Farms
(100 Old Farms Road, Simsbury)

Instructor: Simsbury Farms Staff

Ages: 12 – 17

Fee: \$299.00

Registration for Junior Advanced Golf Camp will be done at:

<https://www.simsburyfarms.com/>

NEW!!

SKYHAWKS MULTI-SPORT CAMP

(Baseball, Basketball, Flag Football & Soccer)

Boys and girls entering grades 4-7 – Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline. Wear comfortable outdoor clothing and sneakers. Please bring a drink, snack and non-refrigerated lunch. **Min: 8/Max: 20**

Dates: 8/9/21 – 8/13/21 (5 classes)

Time: 9:00 a.m. – 3:00 p.m.

Days: Monday – Friday

Location: Pine Grove School – Multipurpose Field

Instructor: Skyhawks Sports Academy Staff

Grades: 4 – 7

Fee: \$195.00



SKYHAWKS TENNIS CLINIC (Grades 1-3)

Boys and girls entering grades 1-3 – Skyhawks Tennis provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development. Please wear comfortable outdoor clothing and sneakers and bring a snack and water bottle. **Min: 6/Max: 16**

Dates: 7/26/21 – 7/30/21 (5 classes)

Time: 9:00 a.m. – 12:00 p.m.

Days: Monday – Friday

Location: Sycamore Hills Recreation Area – Tennis Courts

Instructor: Skyhawks Sports Academy Staff

Grades: 1 – 3

Fee: \$149.00

SKYHAWKS TENNIS CLINIC (Grades 4-6)

Boys and girls entering grades 4-6 – Players develop their tennis technique, athletic and court coverage skills in order to achieve success in rallying consistency and in point playing. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players increase their rallying, volley, serve and point playing skills while improving their athleticism and shot consistency. Players will focus on using the proper shot techniques and court coverage skills. Please wear comfortable outdoor clothing and sneakers and bring a snack and water bottle. **Min: 6/Max: 16**

Dates: 7/26/21 – 7/30/21 (5 classes)

Time: 9:00 a.m. – 12:00 p.m.

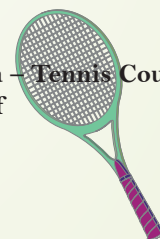
Days: Monday – Friday

Location: Sycamore Hills Recreation Area – Tennis Courts

Instructor: Skyhawks Sports Academy Staff

Grades: 4 – 6

Fee: \$149.00



SKYHAWKS TENNIS CLINIC (Grades 7-10)

Boys and girls entering grades 7-10 – This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program. Please wear comfortable outdoor clothing and sneakers and bring a snack and water bottle.

Min: 6/Max: 16

Dates: 8/2/21 – 8/6/21 (5 classes)
Time: 9:00 a.m. – 12:00 p.m.
Days: Monday – Friday
Location: Sycamore Hills Recreation Area – Tennis Courts
Instructor: Skyhawks Sports Academy Staff
Grades: 7 – 10
Fee: \$149.00

SKYHAWKS TRACK AND FIELD CAMP

Boys and girls entering grades 3-7 – Skyhawks Track & Field was developed to introduce young athletes to a sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety while keeping a major focus on fun! Using special equipment. Our exercises and drills will prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end-of-the-week track meet! Please wear comfortable outdoor clothing and sneakers and bring a snack, water bottle and towel.

Min: 8/Max: 30

Dates: 7/19/21 – 7/23/21 (5 classes)
Time: 9:00 a.m. – 12:00 p.m.
Days: Monday – Friday
Location: Avon High School – Track
Instructor: Skyhawks Sports Academy Staff
Grades: 3 – 7
Fee: \$149.00

NEW!!

SKYHAWKS VOLLEYBALL CAMP

Boys and girls entering grades 5-9 – This program takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp! All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player. Please wear comfortable clothing and sneakers and bring a snack and water bottle. **Min: 8/Max: 20**

Dates: 7/12/21 – 7/16/21 (5 classes)
Time: 9:00 a.m. – 1:00 p.m.
Days: Monday – Friday
Location: Avon Middle School – Gymnasium
Instructor: Skyhawks Sports Academy Staff
Grades: 5 – 9
Fee: \$165.00



SOCCER SHOTS CLASSIC

Boys and girls ages 3-5 – Soccer Shots sessions are professionally designed by Soccer Shots and led by Director Shannon Perry – a certified youth coach and former professional player. Each 45 minute session creatively introduces your child to the sport of soccer. Character development, physical skills, agility and fun are guaranteed in this dynamic development program. Our goal is to leave a positive, lasting impact on each child while building Stronger Youth Beyond the Game! Each child will receive a Soccer Shots shirt. 1:10 coach to player ratio. Join us for an Open House on 6/12 from 9:00 a.m. – 9:30 a.m. to meet the coaches and get details on the program. Visit www.soccershots.org for more information and come join us on soccer island! Parents of 3-4 year olds must remain on site during program. Please wear sneakers and bring a water bottle. **Min: 8/Max: 20**

Dates: 6/19/21 – 7/31/21 (6 classes)
 (Open House on 6/12 at 9:00 a.m.; No class on 7/3)
Time: 9:00 a.m. – 9:45 a.m. (3 – 4 year olds);
 10:00 a.m. – 10:45 a.m. (4 – 5 year olds)
Day: Saturday
Location: Roaring Brook School – Fields
Instructor: Shannon Perry and Staff
Fee: \$105.00



SOCCER SHOTS MINI

Boys and girls age 2 – Soccer Shots sessions are professionally designed by Soccer Shots and early childhood professionals. Each 30 minute Soccer Shots Mini session will creatively introduce your child to the sport of soccer. Soccer Shots Mini is a high energy program introducing children to fundamental principles such as using your feet, dribbling, and basic rules. Through fun games, songs, and positive reinforcement, your child will begin to experience the joy of playing soccer and being active. 1:8 coach to player ratio. Join us for an Open House on 6/12 at 9:00 a.m. to meet the coaches and get details on the program. Visit www.soccershots.org for more information. Parents must remain on site during program. Please wear sneakers and bring a water bottle. **Min: 6/Max: 16**

Dates: 6/19/21 – 7/31/21 (6 classes)
 (Open House on 6/12 at 9:00 a.m.; No class on 7/3)
Time: 8:15 a.m. – 8:45 a.m.
Day: Saturday
Location: Roaring Brook School – Fields
Instructor: Shannon Perry and Staff
Ages: 2 (Must be 2 by first day of class)
Fee: \$105.00

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Summer Camps 2021



Summer Fun Camp is open to Avon Residents, and will be held at Pine Grove School this year.

Summer Fun Camp runs for eight, one-week sessions, beginning late June.

The registration deadline for Summer Fun Camp is the **Thursday** prior to the start of the session. Anyone registering after the Thursday deadline will be charged the full amount plus a \$25 late fee. Please note that, many times, the registration will fill up prior to Thursday. If this happens, you will need to complete the registration to place your child on the waiting list. There is no payment for this. Waiting lists will be evaluated by the end of the week to see if they can be moved into the camp. You will be notified only if there is room. Payment will be required at that time.

The Avon Recreation and Parks Department reserves the right to change or reschedule entertainers due to unforeseen circumstances and to change the maximums on programs as necessary.

A link to our Summer Fun Camp 2021 Parent Handbook will be available when you register your campers at www.avonrec.com. Parents will also receive an email with the Camp Newsletter the Friday prior to the Camp start date. Please read this newsletter as it will provide the schedule for the week and any important information such as waivers that need to be completed.



SUMMER FUN CAMP – Entering Grades K-4

Our number one priority is the safety of your children. We have a fun lineup of activities planned, but please note that we may need to make some last minute program changes. Should that happen, we will notify you of those changes so you may plan accordingly.

Come join us for exciting adventures this summer. Go to camp with your Avon friends! Each session of camp there will be:

- ☉ Small group activities with your age group. *When it's really hot we have the benefit of air conditioning for fun indoor activities.*
- ☉ A special entertainment visit to camp.
- ☉ And, swimming 3-4 days per week at Sycamore Hills Pool. Swimming is fully supervised by our ARC certified lifeguards.

Participants can sign up for one week at a time or for all eight sessions. Campers should bring a lunch, snacks, water bottle, sunblock, swimsuit and towel*. Everything should be labeled with the camper's name. **No electronic devices are permitted – leave them at home.**
Min: 35/Max: 50

Time: 9:00 a.m. – 3:00 p.m.
Days: Monday – Friday
Location: Pine Grove School

EXTENDED CARE will be available in 1-hour blocks for all 5 days for \$25.00/1-hour block: 8:00–9:00 a.m., and 3:00 p.m.–4:00 p.m. Min: 6/Max: 15

**Lunches must be in an insulated bag with a cool pack.*

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SESSION 1: JUNE 21 – JUNE 25

SPACE EXPLORATION

The entertainment for this session is a **Laser Tag Adventure**.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 2: JUNE 28 – JULY 2

RED, WHITE AND BLUE

The entertainment for this session is an outdoor **Foam Party** with music.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 3: JULY 6 – JULY 9 (*No camp on July 5*)

WILD WEST

The entertainment for this session is a **Magic Show**.

Fee: \$144.00 Extended Care: \$20.00/block

SESSION 4: JULY 12 – JULY 16

INTO THE JUNGLE

The entertainment for this session is an interactive presentation of snakes by **NJ Snake Man**.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 5: JULY 19 – JULY 23

MYTHICAL MONSTERS

The entertainment for this session is a **Laser Tag Adventure**.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 6: JULY 26 – JULY 30

AQUATIC ADVENTURES

The entertainment for this session will be a **Water Field Day** with an inflatable slip n' slide.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 7: AUGUST 2 – AUGUST 6

AROUND THE WORLD

The entertainment for this session will be an interactive presentation of a collection of creatures by **Curious Creatures**.

Fee: \$180.00 Extended Care: \$25.00/block

SESSION 8: AUGUST 9 – AUGUST 13

COLORFUL CREATIONS

The entertainment for this session will be an **End of Summer Party** at Sycamore Hills Recreation Area with an inflatable obstacle course.

Fee: \$180.00 Extended Care: \$25.00/block



Summer Camps 2021



Adventure Camp is open to Avon Residents.

Adventure Camp will run for six, 4-day sessions (Monday – Thursday), beginning June 28.

The registration deadline for Adventure Camp is the **Wednesday** prior to the start of the session. Please note, that many times, the registration will fill up prior to Wednesday. If this happens, you will need to complete the registration to place your child on the waiting list. There is no payment for this. Waiting lists will be evaluated by the end of the week to see if they can be moved into the camp. You will be notified only if there is room and payment will be required at that time.

The Avon Recreation and Parks Department reserves the right to change or reschedule trips due to unforeseen circumstances and to change the maximums on programs as necessary.

A link to our Adventure Camp 2021 Parent and Participant Handbook will be available when you register your campers at www.avonrec.com. Parents will also receive an email with a Cover Letter, an Itinerary and Packing List the Friday prior to the camp start date. Please read this information very carefully as it will provide important information on waivers that need to be completed and everything your child will need for each day of camp.

ADVENTURE CAMP – Entering Grades 5-9

Campers will have a different adventure every day. Pick up and drop off will be at Sycamore Hills Pool. A list of items required to be brought to camp each day can be found at www.avonrec.com under the Adventure Camp information. Campers must bring lunch each day unless otherwise noted, as lunch will be provided 1 day a week. Electronic devices are permitted for emergency use only. **Min: 18/Max: 25**

Time: 8:45 a.m. – 4:00 p.m.

Days: Monday – Thursday*

AM Drop off/PM Pickup: Sycamore Hills Pool

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* SESSION 2 will run Tuesday – Friday

Session 1: June 28 – July 1

The field trips for this session are to: Branford River Paddlesports, R & B Sports World, Brownstone Exploration & Discovery Park, and Beardsley Zoo.

Fee: \$280.00

Session 2: July 6 – July 9 (T-F; No camp on July 5)

The field trips for this session are to: Hammonasset Beach State Park, The Adventure Park at Storrs, Lake Compounce and The Maritime Aquarium of Norwalk.

Fee: \$280.00

Session 3: July 12 – July 15

The field trips for this session are to: New England Science & Sailing, Chatfield Hollow State Park, Powder Ridge Mountain Park & Resort, and Monster Mini Golf.

Fee: \$280.00

Session 4: July 19 – July 22

The field trips for this session are to: Sports Center of Connecticut, Mystic Aquarium, Brownstone Exploration & Discovery Park, and Rocky Neck State Park.

Fee: \$280.00

Session 5: July 26 – July 29

The field trips for this session are to: IT Adventure Ropes Course, Berlin Batting Cages, Quassy Amusement Park, and Nomads Adventure Quest.

Fee: \$280.00

Session 6: August 2 – August 5

The field trips for this session are to: Club Getaway, Hammonasset Beach State Park, Collinsville Canoe & Kayak and Sonny's Place.

Fee: \$280.00

Adventure Camp Calendar 2021

	DAY 1	DAY 2	DAY 3	DAY 4
Week 1 6/28 – 7/1				
Week 2 7/6 – 7/9				
Week 3 7/12 – 7/15				
Week 4 7/19 – 7/22				
Week 5 7/26 – 7/29				
Week 6 8/2 – 8/5				



FREE FRIDAY FAMILY MOVIE NIGHTS

this Summer at Sycamore Hills Recreation Area

Movies will begin at dusk. However, in the event of inclement weather, they will be held indoors in the Community Room at the Avon Senior Center and will begin at 7:00 PM.



June 25, 2021



August 20, 2021

Movies licensed by Swank Motion Pictures, Inc.



Movie Projector, Screen and Giveaways provided by:

Jennifer M. Johnson

56 East Main Street
Avon, CT 06001

Call: (860) 676-8222

Text: (860) 676-8555

Fax: (860) 676-8555

Email: JenniferJohnson@allstate.com



Allstate
You're in good hands.

AVON
RECREATION
& PARKS
Summer 2021



**Bring Your Own
Chairs, Blankets,
Bug Spray &
Snacks!**