

---

## Adventure Camp 2021 Parent and Participant Handbook

---

Welcome!

The Avon Recreation and Parks Department welcomes campers to Adventure Camp; our 6 week, 4 days per week camp for Avon Residents entering 5<sup>th</sup>- 9<sup>th</sup> grades in the fall of 2021. We will have 4 different trips each week, and campers are sure to have a different adventure each day! Parents and participants of this program should understand that there are commitments and daily requirements that must be met. Many of the venues that we are going to, have very strict requirements and procedures for waivers, attire, and behavior. It is the responsibility of the parents to complete all requirements for each trip. In doing your part, the camp staff will be able to focus on their responsibilities.

The purpose of this handbook is to make sure that you are well informed and prepared to send your child to camp everyday with everything he/she needs. If you have any further questions after reading this handbook please feel free to contact us.

### ADMINISTRATIVE STAFF

|                                |                                                                              |
|--------------------------------|------------------------------------------------------------------------------|
| Director of Recreation & Parks |                                                                              |
| Ruth Checko                    | <a href="mailto:rchecko@avonct.gov">rchecko@avonct.gov</a>                   |
| Recreation Specialist          |                                                                              |
| Sara Roccapriore               | <a href="mailto:sroccapriore@avonct.gov">sroccapriore@avonct.gov</a>         |
| Administrative Coordinator     |                                                                              |
| Sharon Henry                   | <a href="mailto:shenry@avonct.gov">shenry@avonct.gov</a>                     |
| Administrative Secretary       |                                                                              |
| Usha Srivel                    | <a href="mailto:usrivel@avonct.gov">usrivel@avonct.gov</a>                   |
| Special Needs Coordinator      |                                                                              |
| Bonnie Daly                    | <a href="mailto:recdaly@comcast.net">recdaly@comcast.net</a>                 |
| Camp Director                  |                                                                              |
| Breanne Braun                  | <a href="mailto:avonadventurecamp@gmail.com">avonadventurecamp@gmail.com</a> |

### Avon Recreation and Parks Department Mission Statement

The Avon Recreation and Parks Department is committed to providing opportunities to participate in recreational programs and have access to parks so that people of all ages and abilities can stay active and enjoy the benefits of a healthier life.



### IMPORTANT SUMMER PHONE NUMBERS

|                                 |              |
|---------------------------------|--------------|
| Recreation and Parks Department | 860 409-4332 |
| Cancellation Line               | 860 409-4365 |
| Camp Director cell              | 860 876-3957 |

### REGISTRATION INFORMATION.

Registration is available online at [www.avonrec.com](http://www.avonrec.com) beginning on April 23rd. Registration for this camp closes on Wednesday at 4:00 PM for the following session. Registrations will not be accepted after the deadline. Parents are encouraged to place children on wait lists if a session is full. Campers placed on wait lists will be contacted by Friday, if space becomes available.

### ADVENTURE CAMP PROGRAM

Adventure Camp will begin and end at Sycamore Hills Park, 635 West Avon Road, near the Pool office. Camp runs from 8:45 AM - 4:00 PM, Monday – Thursday. Camp the week of July 5 will run Tuesday – Friday. Please be on time. There is no extended care options. The cost is \$280 per session. There is a maximum of 25 participants. The ratio of staff to camp is 1:10.

---

## Adventure Camp 2021 Parent and Participant Handbook

---

Every Thursday, parents will receive a Letter, an Itinerary and Packing List for the next session. There will be links to each waiver that must be completed. **All of the waivers for the week, must be completed and turned in on Monday mornings.** Please notify camp staff in advance if your child will not be attending. If parents wish, campers can share their location via smartphone with the Camp Director explicitly during camp hours. You will need to complete [Permission to Share Location Form](#).

Campers are expected to be signed in and signed out by their parent or guardian daily. Parents who pick up their child late will be charged \$15 for any part of every 15 minutes they are late. However, if parents wish to have their child sign in and sign themselves out, please notify camp staff and complete a [Camper Sign in/out Authorization Form](#).

| Session and Dates                | Join us for: (Not in Order, subject to change)                                                                                      |
|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| Session 1: June 28 – July 1      | Branford River Paddlesports, R & B Sports World (lunch), Brownstone Exploration & Discovery Park, and Beardsley Zoo (popsicles).    |
| Session 2: July 6 – July 9 (T-F) | Hammonasset Beach State Park, The Adventure Park at Storrs, Lake Compounce (lunch) and The Maritime Aquarium of Norwalk.            |
| Session 3: July 12 – 15          | New England Science & Sailing, Chatfield Hollow State Park (lunch), Brownstone Exploration & Discovery Park, and Monster Mini Golf. |
| Session 4: July 19 – 22          | Sports Center of Connecticut (lunch), Mystic Aquarium, Brownstone Exploration & Discovery Park, and Rocky Neck State Park.          |
| Session 5: July 26 – 29          | IT Adventure Ropes Course, Berlin Batting Cages, Quassy Amusement Park (lunch), and Nomads Adventure Quest.                         |
| Session 6: August 2 – 5          | Club Getaway (lunch), Hammonasset Beach State Park, Collinsville Canoe & Kayak and Sonny's Place.                                   |

Please know that field trips could be changed due to weather conditions or unforeseen circumstances.

### PARTICIPANTS NEED TO BRING

- A back pack
- Socks and Sneakers
  - Sturdy sandals may be brought to camp in addition to socks and sneakers
- A change of clothes
- A swim suit and towel
- Sunscreen
- Snack
- Lunch (in insulated lunch bag with a cool pack) \*Lunches are not refrigerated
- Reusable water bottle (filled)
- Mask
- Optional: small amount of money and cell phone (Participants are responsible for these belongings)

Check the weekly newsletter for additional items that may be required for different field trips. Please be sure your child has everything they need for each field trip. If your child does not come with the required gear, i.e. socks, they will not be allowed to participate. Please label all of your child's belongings. Parents are responsible to contact venues for lost items.

---

## Adventure Camp 2021 Parent and Participant Handbook

---

### BEHAVIOR EXPECTATIONS AND POLICY

Because Adventure Camp is a very unique program, our expectations are that each camper should be able to understand and follow our rules and requirements. The Camp Director and Camp Counselors will foster these expectations with positive reinforcement and other appropriate behavior modification techniques. Our staff will use positive guidance, set clear limits, and supervised corrective discipline. If a counselor is experiencing behavioral problems with a child, parents will be called. Depending on the severity and frequency of the behavior, the Recreation Department reserves the right to dismiss the child from the program.\*A camper demonstrating serious behaviors without improvement will have to be picked up at the venue within 1 hour of being notified by the staff.

#### ***We expect campers to:***

- Understand and abide by camp and off site rules
- Follow directions from camp director and staff
- Participate safely and effectively in a variety of activities
- Pay attention without being disruptive and understanding consequences of inappropriate behavior
- Interact with peer groups in a civil manner
- Follow counselors' instructions and be respectful of staff and peers
- Use electronic devices only in emergency situations or when prompted by Director to communicate with parents
- Operate independently in handling money, keeping track of their belongings, working with a buddy system.
- Abide by COVID Guidelines for Camp and Venues. (i.e. wear a mask, etc.)

\* *We reserve the right to dismiss any child from the program who is found with e-cigarettes (juuls) or using their phones inappropriately.*



### SPECIAL NEEDS ACCOMMODATIONS



The Avon Recreation and Parks Department welcomes persons with medical conditions and/or disabilities in all programs and services. If you or your child require reasonable accommodations to a recreation program in order to participate, please indicate this on your registration form or when you register online under the "medical conditions" section of your account and call the Recreation and Parks Department at least 3 weeks prior to the start of the program at 860-409-4332. For additional information go to: <https://www.avonct.gov/recreation-and-parks-department/pages/special-accommodations-policy>. Please be aware that if you fail to or choose not to notify us of any issues that require accommodations, it may delay or inhibit you or your child from participating in the program.

---

## *Adventure Camp 2021 Parent and Participant Handbook*

---

### **PARENTS CONTRIBUTIONS TO A SUCCESSFUL CAMP EXPERIENCE**

The better prepared parents and their children are for camp, the smoother each day will be for staff and campers. Please make every effort to ensure your contact information, with emergency contacts, in your family account, is up to date in [www.avonrec.com](http://www.avonrec.com). The email and phone numbers you provide are how we will communicate with you. Because we are at a different venue each day, we want to be prepared to be able to reach you in the event of an emergency. Here a few simple things that you can be sure to do as well.

- Be on time, we will not hold a bus for anyone who is not there on time.
- Text the Camp Director if your child is not attending by 8:55 AM, or give advanced notice when possible.
- Read our communications; emails, weekly letter with itinerary and packing list; there will be detailed information in them.
- Be sure to have field trip authorization waiver forms filled out and handed into staff on Monday; anyone who does not have proper waiver forms cannot board the bus.
- Communicate with staff; they benefit from hearing what your child likes about camp in addition to concerns.
- Send your child prepared for the day, with everything listed above or detailed in newsletters and other correspondence.
- Sign your child in every morning and sign them out every afternoon or give consent to the Camp Director to have your child sign themselves in/out. [Camper Sign in/out Authorization Form](#)
- If someone else is going to be picking your child up, you'll need to complete the [Pickup Authorization Form](#). The person you are authorizing must be prepared to show a valid ID.

### **MEDICAL INFORMATION AND AUTHORIZATIONS**

Camp staff is trained in American Red Cross First Aid, CPR/AED, and Epi-Pen Administration. Select Camp Staff have received basic training that enables them to provide all care for campers with diabetes, and Medicine Administration Training. For the Aquatics staff, all Lifeguards are American Red Cross Certified with CPR for the Professional Rescuer/AED.

[Administration of Sunscreen Authorization by Parent/Guardian Form](#)

[Participant/Camper Medication Authorization Form](#)

[Policy on Diabetes Management and Authorization Forms](#)

### **COVID POLICY: updated 5/26/21**

In accordance with the State of Connecticut Department of Public Health, masks are required by all staff, campers, and parents while indoors. Masks are not required while outdoors. Hand sanitizer will be available.